

# FOSFOMYCIN

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Fosfomycin is an antibiotic taken by mouth for the treatment of uncomplicated urinary tract infections (UTIs), including bladder infections.

## Allergies

- Tell your health care provider if you have an allergy or sensitivity to fosfomycin tromethamine, or any of its formulation ingredients – including flavourings and sulphites.

## Pregnancy and Breast/Chest Feeding

- Advise your healthcare provider if you are planning on becoming pregnant.
- Fosfomycin may be used with caution during pregnancy and breast/chest feeding. Please consult your healthcare provider

## CAUTION

- Notify your healthcare provider if you have liver and/or kidney diseases.
- **Drug Interactions:** Please note that individual drug interactions are no longer listed in this document. If you are taking any prescription, non-prescription, herbal, recreational products or have recently received a live vaccine, please discuss with your healthcare provider.

## Side Effects

- You may experience:
  - Diarrhea, abdominal pain, indigestion, nausea, and vomiting
  - rash and itchiness
  - headache and dizziness
  - runny nose
  - back pain
- Diarrhea can occur 2 months or more after taking your dose. Report any diarrhea that continues, or gets worse, to your healthcare provider

## Instructions for Taking

- Follow dosage instructions from your healthcare provider.
- Take fosfomycin on an empty stomach, or at least 2 to 3 hours after eating.
- Prepare fosfomycin by emptying all the powder from one sachet into a 125 mL (1/2 cup) of cold water. Mix well to dissolve and then take immediately.
- Do not directly take the dry form and do not mix with hot water.

## Storage Instructions

- Store at room temperature between 15 to 30°C. Protect from light, heat, and moisture.
- Do not open sachet until dose is to be taken.
- Do not use medications beyond the printed expiry date.
- Keep away from the reach of children.

## Special Instructions

- If your symptoms have not improved within 3 days or if they are getting worse, contact your health care provider.

If you have any questions or need further information, please visit <http://www.smartsexresource.com> or contact your healthcare provider.