

Websites for anyone talking to children & youth about sexual health and sexuality



Island Sexual Health

Information for parents & teens about sexual health. Includes tips for talking about sexuality, information on anatomy, birth control, STIs, local resources, links, and more.

www.islandsexualhealth.org

Sexuality and U

Society of Obstetricians & Gynaecologists of Canada provides information for parents, teens, and professionals about sexuality education. Featuring comprehensive information including Canadian statistics, child sexual development, sexual diversity, and links.

www.sexualityandu.ca

Options For Sexual Health

A comprehensive website that includes detailed sexual health information, clinical resources, and contacts throughout BC.

www.optionsforsexualhealth.org

Sex Information & Education Council of Canada

An excellent resource to learn more about sexuality. Includes information on the Canadian Guidelines and Common Questions about Sexuality Education.

www.siecaan.org

Planetahead

On PlanetAhead, you can find information on Relationships, Sexually Transmitted Infections (STI), HIV, Pregnancy, Contraceptives, and how to reduce physical, mental, and emotional risks.

www.planetahead.ca

Smart Sex Resource

A comprehensive website that provides local, relevant sexual health information and services for all ages in BC. This website is a program of the BCCDC.

www.smartsexresource.com

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Youth Native Sexual Health Network

YNSHN is an organization by and for Indigenous youth that works across issues of sexual and reproductive health, rights and justice through US and Canada.

www.nativeyouthsexualhealth.com

Kids Health Information

General health information for parents and children. Click on topics of interest, including sexuality, puberty, and communication.

www.kidshealth.org

Sex, etc.

Information, advice, and resources by teens for teens (and parents too!).

www.sexetc.org

Sunny Hill Health Centre

Sunny Hill Education Resource Centre (SHERC) houses a unique collection of books, videos, journals, board games, curricula and various educational props and materials designed for children with disabilities and their families.

www.bcchildrens.ca

Scarleteen

Advice, articles, and information addressing sexuality and sexual health issues for adolescents and parents.

www.scarleteen.com

Outproud

Information for gay, lesbian, bisexual, questioning, and transgender youth.

www.outproud.org

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