



BC Centre for Disease Control
Provincial Health Services Authority

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Fluconazole

Fluconazole (CanesOral®, Diflucan®) is an oral antifungal medication used to treat some fungal skin infections, including vulvovaginal candidiasis and yeast balanitis, which are yeast infections due to *Candida* species.

For information about treatment with yeast creams and/or vaginal inserts, see separate medication handout: [Yeast and Fungal Infections](#).

Allergies

- Tell your healthcare provider if you have an allergy to any **azole antifungal medications** such as fluconazole (CanesOral®, Diflucan®), itraconazole (Sporanox®), ketoconazole, posaconazole (Posanol®), voriconazole (Vfend®).

Pregnancy and Chest/Breastfeeding

- Fluconazole is not recommended during pregnancy. Please consult with your healthcare provider.
- Fluconazole may be used with caution during chest/breastfeeding. Please consult with your healthcare provider.

CAUTION

- **Drug Interactions:** Tell your healthcare provider if you are taking any prescription, non-prescription, herbal, or recreational products. Not all individual drug interactions are listed in this document.
- **Please note:** Do not use this one-time oral fluconazole treatment if you are already taking regularly scheduled doses of fluconazole.

Side Effects

- You may experience nausea, vomiting, diarrhea, abdominal pain, headache or rash.
- If you experience any severe skin reactions, contact your healthcare provider immediately.

Instructions for Taking

- Take oral tablets or capsules by mouth, with or without food.
- Please read package insert carefully prior to taking fluconazole.

Fluconazole (cont'd)

Storage Instructions

- Store at room temperature between 15 and 30°C.
- Protect from light, heat, and moisture.
- Do not use medications beyond the printed expiry date.
- Keep away from the reach of children.

Special Instructions

- Tell your healthcare provider if symptoms continue following treatment.
- Sexual partners do not require treatment unless they are experiencing symptoms.

If you have any questions or need more information,
please visit www.smartsexresource.com or contact your healthcare provider.